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GANDANGARA
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CERVICAL SCREENING - YOUR CHOICE

Looking after your health, your way

For First Peoples women aged 25-74 years Gandangara Health Services (GHS) offers women a safe, respectful, and supportive way to look after their health through cervical screening.

You can choose to:

- book self-collection directly
- have screening done by a clinician
- attend a yarning session to talk things through first or do both

Yarning is optional. Screening does not require a yarning session.

What is cervical screening?

Cervical screening is a simple health check that can find changes early, often before you feel unwell. Finding changes early helps support long-term health and wellbeing. Even if you feel healthy, screening is still important.

Your screening options

1. Self-collection

You collect your own cervical screening sample in a private room at GHS.

Many women choose self-collection because it is:

- ✓ private
- ✓ simple
- ✓ comfortable
- ✓ empowering

Support is available if you want it.

2. Clinician-collected screening

If you prefer, a trained clinician can collect the sample for you in a respectful and supportive way.

3. Yarning sessions (optional)

Yarning sessions are available for women who want to:

- ask questions
- talk things through
- learn more in a relaxed, supportive space

There is no pressure to screen during or after a yarning session.



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A culturally safe space

At GHS, screening and yarning are supported by an Aboriginal Health Worker, so women can feel:

- respected
- listened to
- culturally safe

You are welcome to take your time, ask questions, and bring a support person if you wish.

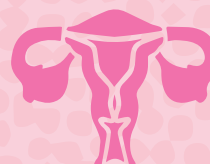
Who can attend?

First Peoples women aged 25-74 years, including women who are:

- due or overdue for screening
- screening for the first time
- wanting a culturally safe option

About this program

This program is delivered by Gandangara Health Services (GHS) and is supported by funding from the Cancer Institute NSW through the Cervical Screening Primary Care Grant.



Ready to book or want more information?

Gandangara Health Services (GHS)

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Cancer Institute NSW