

Gandangara Local Aboriginal Land Council

Headquarters: 103 Moore Street, Liverpool NSW 2170
Current Office: Level 1, 64 Macquarie Street, Liverpool NSW 2170
Business address: P.O. Box 1038 Liverpool Business Centre, 1871
Phone number: (02) 9602 5280
Email: reception@glalc.org.au
Business hours: 9.00am to 5.00pm Monday to Friday

Gandangara Health Services Limited

Office: Ground Floor, 64 Macquarie Street, Liverpool NSW 2170
Business address: P.O. Box 1038 Liverpool Business Centre, 1871
Phone number: (02) 9601 0700
Email: health@glalc.org.au
Business hours: 8:00am to 6.00pm Monday to Friday

Gandangara Community Healing Centre

Office: 33 Shropshire Street, Miller 2168
Business address: PO Box 1038 | Liverpool BC
Phone number: (02) 9601 0700
Email: GCHC@glalc.org.au
Business hours: 9:00am to 5.00pm Monday to Friday

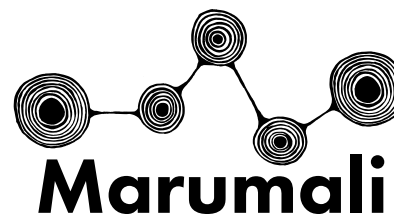
Gandangara Transport Services Limited

Office: Level 1, 64 Macquarie Street, Liverpool NSW 2170
Business address: P.O. Box 1038 Liverpool Business Centre, 1871
Phone number: (02) 9608 0968
Email: bookings@glalc.org.au
Business hours: 8:30am to 5.00pm Monday to Friday

Marumali Limited

Office: Level 1, 64 Macquarie Street, Liverpool NSW 2170
Business address: P.O. Box 1038 Liverpool Business Centre, 1871
Phone number: (02) 9602 9677
Email: marumaliadmin@glalc.org.au
Business hours: 8:30am to 5.00pm Monday to Friday

www.gandangara.org.au



GANDANGARA
Local Aboriginal Land Council

Marumali
Health Services
Transport Services

**Marumali Limited Health Brokerage Service
& Health Promotion**
Better health & better care through
education & support



About Us

Marumali is a Health Promotion and Brokerage Service which aims to help our Aboriginal and Torres Strait Islander Clients enjoy a longer, healthier life.

Health & Wellbeing

We support you to access the health services you need.

We have a holistic approach to meet your physical, social, emotional and spiritual needs.

Starting healthy habits early on can prevent many health issues from developing later on in life. You can reduce the risk of severe health issues or developing chronic health conditions with a tailored plan.

Along with raising awareness of preventative health, we also encourage you to seek medical treatment early and to maintain a healthy lifestyle.

- 🎯 We support you in managing your Health and Wellbeing.
- 🎯 We help you navigate the health system and services available.
- 🎯 We provide education on the benefits of preventative health care.
- 🎯 Marumali runs a range of cultural health activities and wellbeing classes.
- 🎯 We help you make healthier choices, fun and rewarding for everybody.

Contact us today



Cultural Health & Wellbeing Activities

Marumali runs a range of health and wellbeing groups and activities such as:

- Cultural Arts & Craft
- Didge
- School Holiday Health and Cultural Learning Days
- Cultural Incursions for schools and childcare centres



We also engage with the community and help facilitate programs and activities for different age groups, that include:

- Elders Olympics
- NAIDOC Events
- School Programs
- Health and Wellbeing Expo's
- Community Days
- Swimming Programs



If you or anybody in your family need any of our services, please call our friendly Marumali team. We're here to help you.

If you're interested in attending any of Marumali programs or activities or would like to engage Marumali in your next event, give us a call on (02) 9602 9677, and we can have a yarn.

Connect. Belong. Thrive.



/glalc



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The Many Ways We Can Help You & Your Family

Health Practitioners Health Outreach Workers



Our dedicated Aboriginal Health Outreach Worker will keep the process simple and easy for you and be culturally appropriate.



We will advocate on your behalf to ensure you get the optimal health care for you.



We provide support in consulting with your GP and/or specialist to help you move forward with the next steps, such as treatment, rehabilitation and recovery.



We can also provide transport to support you to attend your medical appointments.

Health Providers

We reduce financial stress by paying for you to access a range of private specialists and services such as Cardiologists, Gastroenterologists, Paediatricians, Neurologists and so on.

We ensure all services are bulk-billed through Medicare whenever possible.

We provide education on the benefits of having a 715 annual health assessment with your local GP so you can utilise Medicare incentives designed to address Aboriginal and Torres Strait Islander people's unique needs.

Cultural Education sessions to General Practitioners

We provide training on how to complete a comprehensive 715 Aboriginal and Torres Strait Islander Health Assessment.

We provide awareness on referral pathways for Aboriginal and/or Torres Strait Islander Clients.

We give you an opportunity to ask your questions in a safe environment, so that you feel more confident in servicing the Aboriginal and Torres Strait Islander peoples.

